

## **Collaboration Checklist**

## Use this checklist to maximize your child's progress through collaboration and consistent support:

	Communication	
	Set clear therapy goals together, aligning them with the child's needs and family priorities.	
	Establish regular communication channels (e.g., email updates, phone calls, or in- person meetings).	
	Share observations from home, school, and community settings.	
	Ask questions about therapy strategies and progress to stay informed.	
	Participation	
	Attend therapy sessions when possible to observe and learn strategies firsthand.	
	Build confidence by practicing techniques alongside the therapist	
	Practice at Home	
	Implement strategies and goals in everyday routines (e.g., meals, playtime, transitions).	
	Use positive reinforcement for behaviors aligned with therapy goals.	
	Track progress and challenges to share with the therapist during follow-ups.	•
	Celebrate Successes	
	Acknowledge and celebrate every milestone, no matter how small.	
	Share successes with your child, therapist, and family to foster motivation	
	Overcoming Challenges	
	Address differing perspectives by focusing on the child's well-being and progress	
	Revisit strategies with the therapist to ensure they're sustainable and effective.	
	Manage time constraints by scheduling brief but consistent check-ins.	